



FRESH OFF THE FARM...

May 25, 2011

Logo created by  
Raynaldo McCummings

BECOME A FRIEND  
OF THE MARKET!

MARKET MANAGERS:

Mary Hodges  
(540) 839-5846

Beth Rogers  
(540) 839-6644

# OPENING DAY JUNE 4th - 9am

*Bigger & Better than Ever!*

*New Vendors! More Produce!  
Lively Music!*

**Volunteers Needed - call today!**



## BFF KIDS!

“Be Farm Fresh”  
Weekly Programs just for  
Kids. Join Leslie Brunner &

Debbie Chaplin for crafts, stories, projects and  
more each Saturday at 10am and 11:30 am.

*Pick up your Farmers Market Passport - attend  
12 markets and earn a prize!*

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### Wheat Berries with Strawberries & Goat Cheese

2 c. soft wheat berries, rinsed  
4 c. chicken broth      4 c. water  
1 t. kosher salt

1/2 c. fresh orange juice  
1/3 c. extra-virgin olive oil  
2 T. orange zest      2 T. local honey  
1/4 fresh mint leaves, finely chopped  
1 t. kosher salt and 1/2 t. pepper

10 local strawberries, hulled & quartered  
1/3 c. local goat cheese, crumbled  
1/2 c. chopped walnuts, toasted

Visit our website for the rest of the recipe!

[www.bacofarmmkt.com](http://www.bacofarmmkt.com)

“Growing our community one Saturday at a time!”